

# SC 01 - Basic 1



In our Basic 1 we already put together 3 various modules (SCM) in the smallest possible space for you.

All Saysu-Calisthenics Basics are expandable with our modules (SCM) or freestanding modules (SCFM).

Our SC series allows you to train purely with your own body weight and meets the requirements of DIN EN 16630:2015-06.

The equipment of our calisthenics series must be set up and maintained according to the enclosed installation and maintenance instructions. The Installation Guide can also be found on [www.saysu.de](http://www.saysu.de) or upon request. For your draft we can supply 2D and 3D files. Picture of the product may differ from original - subject to technical modification.

required floor space: 6515 x 6400 mm (42 m<sup>2</sup>)

weight: 145 kg

pipe measurements: diameter: wall thickness:  
100 mm 2 mm  
33,7 mm 3,2 mm

metal parts: stainless steel

maximum drop height: ≤ 3 m (possible underground see  
DIN EN 16630:2015-06 or  
installation instructions)

mounting depth: 800 mm (+ 100 mm drainage)

safe distance: 2,3 - 2,5 m

maximum weight: 130 kg  
(per user)

user age: children under 14 years only  
under surveillance of parents

included modules: pull-up bars, devils ladder,  
wall bars

possible exercises: pull-ups, knee & leg raises, push-ups etc.

certificates: TÜV and GS registration according to  
„DIN EN 16630:2015-06“ at the time of printing  
in preparation

