

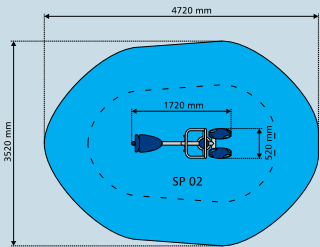
SP 02 - Bike & Stepper



workout of **leg** and **gluteal muscles**

Bike: Sit down on the seat, place your feet onto the pedals and grip tightly onto the bar. Pedal at a steady pace.

Stepper: Stand upright on the foot plates and grip tightly onto the bar. Walk in place.



Installation:

The device is delivered completely assembled and is screwed on top of the poured-in place foundation anchor (within the scope of supply). The Installation Guide can be found on www.saysu.de or upon request. Cover the ground anchor with filling material or with plastic covers (accessories).

For your draft we can supply 2D and 3D files.

Picture of the product may differ from original – subject to technical modification.



- length:** 1720 mm
- width:** 520 mm
- height:** 1695 mm
- floor space:** 0,89 m²
- floor space required:** 4720 x 3520 mm
- volume:** 1,52 m³
- weight:** 54 kg
- plastic parts:** AW564, AR764 (injection molding)
Petilen YY S 0464 (blow moulding)
RAL 5002 (ultramarine blue) or ●
RAL 2008 (bright red orange) ●
- pipe measurements:** diameter: wall thickness:
168 mm 4,5 mm
60 mm 3,5 mm
35 mm 2 mm
- metal parts:** steel, zinc phosphated,
powder coated
RAL 9006 (white aluminium)

certificates: TÜV and GS according to „DIN 79000:2012-05 Permanently installed outdoor fitness equipment“

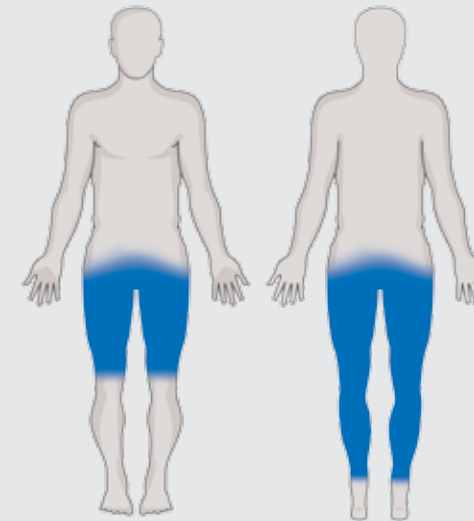
user age: children under 14 years only
under surveillance of parents

maximum user weight: 130 kg

safe distance: 1,50 m

drop height: < 1 m (possible underground see
DIN 79000:2012-05 Tab. 2 or
installation instructions)

safety system: stopper with damping system



- strength
- endurance
- coordination
- mobility
- relaxation

training of leg and gluteal muscles

function: biking without resistance, stair climbing with small resistance

effect: improvement of mobility and endurance, coordination training

persons: 2 at the same time