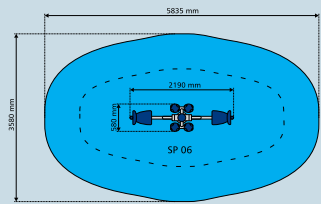


SP 06 - Leg Press



strengthening of the upper leg muscles

Sit down and press your feet against the foot plates until your legs are almost fully extended. Then bend the legs to a 90° angle.
Avoid straightening the legs completely.



Installation:

The device is delivered completely assembled and is screwed on top of the poured-in place foundation anchor (within the scope of supply). The Installation Guide can be found on www.saysu.de or upon request. Cover the ground anchor with filling material or with plastic covers (accessories). For your draft we can supply 2D and 3D files. Picture of the product may differ from original – subject to technical modification.



length:	580 mm
width:	2190 mm
height:	1680 mm
floor space:	1,27 m ²
floor space required:	3580x 5835 mm
volume:	2,13 m ³
weight:	81 kg
plastic parts:	AW564, AR764 (injection molding) Petilen YY S 0464 (blow moulding) RAL 5002 (ultramarine blue)  or RAL 2008 (bright red orange) 
pipe measurements:	diameter: wall thickness: 168 mm 4,5 mm 60 mm 3,5 mm
metal parts:	steel, zinc phosphated, powder coated RAL 9006 (white aluminium)

certificates: TÜV and GS according to „DIN 79000:2012-05 Permanently installed outdoor fitness equipment“

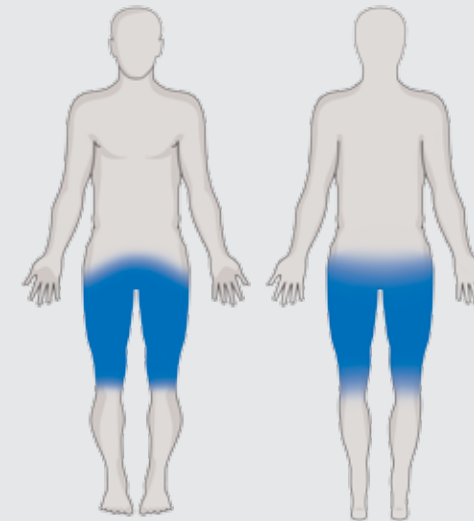
user age: children under 14 years only
under surveillance of parents

maximum user weight: 130 kg

safe distance: 1,50 m

drop height: < 1 m (possible underground see
DIN 79000:2012-05 Tab. 2 or
installation instructions)

safety system: stopper with damping system



- strength
- endurance
- coordination
- mobility
- relaxation

strengthening of the upper leg muscles

function: pushing away the body with the legs while sitting

effect: helps to strengthen thighs and gluteus muscles

persons: 2 at the same time