

ST 06 - Stretching Bars

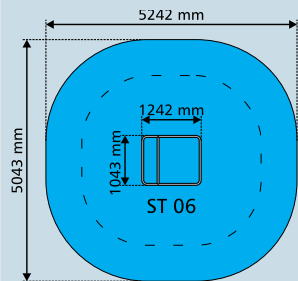


supports **stretching** of the **muscles**

Stretch your muscles to prevent shortening and to relax.

On the top rails you can stretch your whole body to relieve your spine.

Vary the duration of the stretching exercises.



Installation:

The device is delivered completely assembled to be set in the poured-in place concrete. The Installation Guide can be found on www.saysu.de or upon request. For your draft we can supply 2D and 3D files. Picture of the product may differ from original – subject to technical modification.

length: 1242 mm
width: 1043 mm
height: 2222 mm

floor space: 1,30 m²

floor space required: 5242 x 5043 mm

volume: 2,88 m³

weight: 32 kg

pipe measurements: diameter: 42,4 mm wall thickness: 2 mm

metal parts: stainless steel

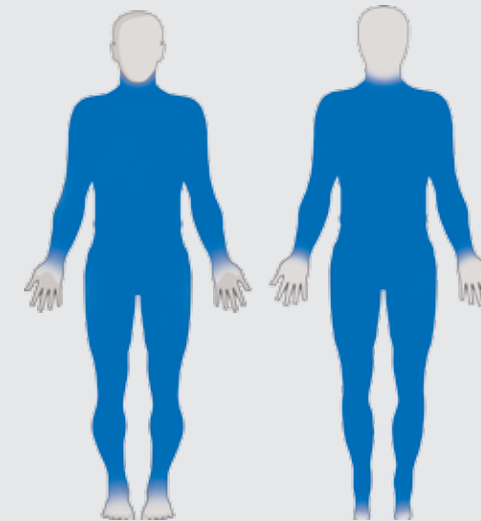
user age: children under 14 years only
under surveillance of parents

maximum user weight: 130 kg

safe distance: 2 m

drop height: < 2,5 m (possible underground see
DIN 79000:2012-05 Tab. 2 or
installation instructions)

safety system: none required



- strength
- endurance
- coordination
- mobility
- relaxation

supports stretching of the muscles

function: many stretching exercises can be carried out from a safe standing position

effect: improvement of flexibility, relaxation

persons: 2 at the same time